

# Facts About Cystic Fibrosis



Fundraising events are a great opportunity to share knowledge and awareness of cystic fibrosis (CF). Here are some facts you can share when promoting your fundraiser, every bit of awareness helps!



## How Cystic Fibrosis WA help those affected

Cystic Fibrosis WA is a not-for-profit organisation that provides essential support services and funds critical research to improve the lives of children and adults living with CF in WA.

We provide a range of services for CF families including; home and hospital support, community education and counselling.

We also contribute to vital CF research being undertaken here and around the world.

## Facts

- Cystic fibrosis (CF) is a recessive genetic condition which primarily affects the respiratory and digestive systems
- In Australia, 1 in 25 people carry the CF gene - that's more than 1 million people
- In people who have CF, mucus in the body becomes thick and sticky and builds up in organs such as the lungs and pancreas.
- Treatment can take between 1 hour to 4 hours a day and include medications, physiotherapy, exercise and a high calorie diet.
- There is presently no known cure for cystic fibrosis, but researchers are working very hard to find one.

## How your funds help

**\$25** could provide a hospital care package to help a family cope with a long admission.

**\$65** could fund an in-home physio session for a child living with CF.

**\$100** could provide 1 month of medication for a person with CF.

**\$200** could help purchase a vital piece of medical equipment.